



St. Joseph's
Healthcare & Hamilton
FOUNDATION

APRIL 26, 2026

PARIS TO ANCASTER
BICYCLE RACE



Race Day is Just Around the Corner!

Race day is getting closer, and the excitement is building! As we move further into spring, the days are getting longer, the weather is warming up, and training rides are ramping up across the community. We can't wait to welcome riders back for another incredible **P2A** on April 26. Whether you're chasing a personal best or tackling the course for the first time, the countdown is officially on—see you at the start line!



[Click Here to Register for P2A 2026!](#)

P2A Ambassador: Say Hi to Ellen Noble!



We're excited to welcome former P2A champion and professional cyclist Ellen Noble as a P2A Ambassador! 🚴

A past P2A winner, Ellen has gone on to build an incredible career racing at the highest levels of the sport. Known for her grit, talent, and passion for cycling, she continues to inspire riders around the world both on and off the bike.

We're thrilled to have Ellen back as part of the P2A community this year and can't wait to see her out on course connecting with riders and sharing in the excitement of race day.

[Watch Ellen's Interview](#)

**Support John and Tim on their First
P2A Ride**



After more than 30 years of helping lead and grow P2A, former co-race directors **Tim Farrar** and **John Thorpe** are experiencing the event from a new perspective this year — as riders. For the first time after decades of organizing the race, Tim and John will be taking on the course themselves, and they're doing it with a purpose.

As part of their ride, they're raising funds in support of **St. Joseph's Healthcare Foundation**, helping fund vital healthcare initiatives in the Hamilton community. We're excited to see them out on course and proud to support their ride for such a meaningful cause.

F2C Nutrition is Back Fuelling Riders

F2C Nutrition is a clean, innovative, all-natural Canadian sports nutrition brand. We partner with many local, national and international events in multiple endurance disciplines. As an established on-course nutrition over multiple years for events like the Ironman 70.3 Calgary, Hincapie Gran Fondo, Whistler Gran Fondo, TransRockies Series, ITU Grand Finals/ World Cup Events and recovery at Ironman 70.3 World Championships we supply the products that are game-changers on race day. Going into our fourth year partnering with the Paris to Ancaster Bike Race we are looking forward to seeing everyone!

Check out the on-course and recovery products that will be offered this year. Head to

our website and use our 15% off promo code **P2A15** to save on products!

F2C Nutrition



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NUTRITION

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planning today!

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more and for fueling tips.
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Book Your Expo Space

Be part of the excitement at P2A 2026! 🚴 Secure your expo space and connect with thousands of cycling fans, athletes, and community members. Don't miss this chance to showcase your brand, products, or services at one of Ontario's most anticipated cycling events.

Click Here to Book

#P2AThrowback



P2A 2018

Your Ride Can Fuel Health Research that Saves Lives

Riders in Paris to Ancaster are encouraged to consider raising funds for our official charity partner, St. Joseph's Healthcare Foundation. You can make a donation at the time of registration or share your fundraising page via social, text or email and ask your family and friends to support your ride with a fully tax-receiptable donation. Every gift helps to fund groundbreaking health research at St. Joseph's Healthcare Hamilton. Wondering why it matters? Well, let's start with the fact that [St. Joe's Researchers are Reducing Prostate Cancer Recurrence Rates](#). Read more about research at St. Joe's in our email updates on P2A or follow us on social!

Click to Donate!



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